

TAFCE WESTERN REGION NEWSLETTER

Dear FCE Friends,

I love the quote, “People who wonder whether the glass is half empty or half full miss the point. The glass is refillable.” This is a great motto for life! It negates the whole optimist/pessimist debate, turning us all into well-balanced people, thankful of what we have, willing to share what’s in our glasses.

This year may be half over, but we have an endless, refillable supply of love and compassion. Make the rest of this year count in volunteer service!

With our spotlight on volunteering, our speaker for this year’s mini-conference is Sherry Cole with the Carl Perkins Center for the Prevention of Child Abuse. She will speak about the center and share ways we can volunteer with it.

Remember to keep up with your CVU hours as we continue through this year with our volunteer focus. Also, have pictures taken of your CVUing for your county display board for L-I-A Share-Time.

Our glasses are refillable, and the capacity of our volunteer service is refillable! Our services can help refill the glass of happiness for others. Volunteer, volunteer, volunteer!

Be thankful for your glass, and keep on CVUing!

Emma

Emma S. Shupe, TAFCE-WR President

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*“The purpose in life is not to be happy. It is to be useful, to be honorable, to be compassionate, to have it make some difference that you have lived and lived well.”*

—Ralph Waldo Emerson

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## DATES

July 14-17      NAFCE Conference, Memphis  
July 26          Mini-Conference, Jackson  
Oct 30-Nov 2   TAFCE Conference, Murfreesboro

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## REPORTS

### *State Projects Report 2015*

Western Region, 14 counties reporting:

#### Literacy

28,329 hours reaching 129,521 people

#### Community Action

26,231 hours reaching 460,255 people

#### Education

19,863 hours reaching 261,382 people

That totals 74,423 hours reaching 851,158 people!

TAFCE totals for 2015 are 231,488 hours reaching 4,760,055 people!!

### *Mini-Conference*

TAFCE-Western Region Annual Mini-Conference will be held July 26<sup>th</sup> at the Carl Perkins Civic Center, 400 S. Highland Ave, Jackson. In addition to our annual business meeting, we will have our Cultural Arts contest, Fashion Revue, and announcement of Creative Writing winners. Our speaker will be Sherry Cole with the Carl Perkins Center for the Prevention of Child Abuse. The registration form can be found on the region website, accessed through Western Region UT Extension, click on Family.

## ***Vice President for Programs—Pamela Carroll***

So far, I have had a pretty good response for Creative Writing, with eight counties turning in entries.

I have received nomination forms for the offices of President, Vice President for Public Policy and Treasurer.

## ***Education Chairs—Cultural Arts: Carolyn Simpson, Esther Button***

The Cultural Arts Chairpersons will meet on July 11<sup>th</sup> to record winners from participating counties, and to prepare Entry Tags for the Western Region Cultural Arts competition which will be held at Mini-Conference. These Entry Tags will be mailed to the counties on or before July 15<sup>th</sup>. The Entry Tag along with the Cultural Arts Exhibit-information Card that was placed on each entry at the county level MUST be on each item for it to be entered at the region competition. These tags should be securely attached to each item BEFORE registration at mini-conference. We appreciate each entry and the hard work and skill that goes into keeping these Heritage Skills alive.

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“Your life is your message to the world. Make sure it’s inspiring.”
—unknown

“The meaning of life is to find your gift. The purpose of life is to give it away.”
—William Shakespeare

COUNTY NEWS

Chester County

Chester County FCE members have been busy making pillowcase dresses for the Little Dresses for Africa project, announced earlier this spring by Dr. Brookins. The members made 32 dresses. They also collected 29 pairs of shorts to donate to boys in Africa.



Dickson County

Dickson County FCE has had a lot going on: We hosted a “Day of the Family” event at Montgomery Bell State Park featuring a reptile talk by a park ranger and crafts for children;



our clubs donated both books and money for an elementary school summer reading program; our clubs had “Healthy Recipe” contests that culminated with a countywide luncheon; members volunteered at the “Happy Birthday Baby Shower” at Horizon Medical Center; and Anita Richardson, Susan Maynard and Helen Edlin traveled to Cookeville to share their concrete leaf and button art skills with fellow FCE members.

Henry County

The Henry County FCE clubs came together on May 17th at the Henry County Fairgrounds for “Spring Fling”...a day of fun, laughter and education. Members enjoyed morning refreshments and a catered lunch, along with excellent speakers. The first speaker was Carol Reese, Western Region UT Extension Horticulture Specialist, speaking on pollination in the garden. Linda Zannaty entertained us with a talk on generations, followed by Jenna Goggins speaking on laughter and loving ourselves. It was a fun day for all with much laughter!

Humphreys County

It’s a Garden Party, 2! was the theme for our Spring FCE Day held on May 10th at the Blue Creek Ag Building in Waverly. Friendship FCE Club hosted the event. The club decorated with various potted flowering plants in containers and with gardening items. Members and guests enjoyed a salad share luncheon, donated cans of fruits and vegetables for the local food pantry, and enjoyed viewing the county Cultural Arts display. UT Horticulture Specialist Carol Reese gave an educational presentation, *Sex in the Garden*, about pollinators. Henry County Master Gardeners Cynthia Summers (Carroll County), Nita Nash (Humphreys County) and Emma Shupe (Humphreys County) presented *The FCE/Master Gardener Pollinator Habitat Initiative: Bee a*

Friend to Pollinators, sharing the importance of pollinators and how to help them by creating flowering container gardens.

Humphreys County Council for FCE awards two \$500 scholarships annually to graduating seniors from the county high schools. Money for these scholarships comes from our annual auction at Fall FCE Day. This year it will be held October 10th beginning at 11 AM with a potluck luncheon, and is open to everyone. Contact Emma Shupe for more information.

Lauderdale County

**FCE TOMATO TASTING
& COUNTRY STORE**

July 8th, 2016

Family Life Center, First Baptist Church
Downtown Ripley
107 Lafayette St.,
Ripley TN 38063

Country Store Opens @ 10:00 a.m.
Tomato / Recipe Tasting 11:00 a.m. – 1:00 p.m.

Tickets: \$7:00
Tickets Available at Door
For more information call the Lauderdale County Extension
Office at 731-635-9551

Sponsored by the FCE Council of Lauderdale County and the
Agriculture Extension Service. Guests will sample recipes
featuring Ripley Tomatoes.

Programs in agriculture and natural resources, 4-H youth development, family and consumer sciences, and resource development. University of Tennessee Institute of Agriculture, U.S. Department of Agriculture and county governments cooperating. UT Extension provides equal opportunities in programs and employment.

McNairy County

The Leapwood FCE ladies have held our Annual Yard Sale, donated the remaining items from the yard sale to the Appalachian Mountain Ministry, held our Annual Potluck Dinner with silent auction and cake walk, and donated items to the Old Path Church for their pantry (donated \$500 worth of canned goods, dish soap, bath soaps, pasta, rice beans, toilet paper, etc.). As a club, we attended and supported the Leapwood Community Center meeting on electing a new Board of Directors and on coming up with ways to save the building. We have had great success with all of the activities we have held to date and look forward to continuing through the year with more.

—Patricia Davison



Pictured are Patricia Davison, Helen Scott, Lois Boggs, Treasurer Carol Latimer, Secretary Nancy Gegner, Doris Weeks, Pat Gates and President Barbara Isbell.

As part of their 2016 Activities Goals, the Stantonville FCE Club took a field trip on June 1st to explore the Pyramid/Bass Pro Shop in Memphis. It was an adventurous and exhausting day for all. Those pedometers/fit-bits went into overdrive!

—Pamela Carroll



Pictured are Stantonville FCE members Jayne Krotchko, Shelby Higgins, Judy Hammons, Brooke Hammons, Aletha Henley, Bobbie Foust, Linda McIntyre Smith, Mary Lou Thomas, and (not pictured) Pamela Carroll, President.

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*"A pessimist is one who makes difficulties of his opportunities and an optimist is one who makes opportunities of his difficulties."*

—Harry S. Truman

*"It doesn't matter if the glass is half empty or half full. Be grateful that you have a glass, and there is something in it."*

—unknown

*"My therapist set half a glass of water in front of me. He asked if I was an optimist or a pessimist. So, I drank the water and told him I was a problem solver."*

—unknown

